

## *Prayer to Manjushri*

*by the Fifth Dalai Lama*

I make obeisance to our youthful form, O Manjushri.  
Like that of a dynamic and graceful sixteen year old,  
You repose upon the full moon as your cushion  
At the center of an expansive, milk-white lotus.

I make obeisance to your speech, O mighty fulfiller of wishes,  
So mellifluous to the minds of countless sentient beings,  
A lucent euphony to accord with each listener's capacity,  
Its multiplicity embellishing the hearing of all unfortunate ones.

O Manjushri, I make obeisance to your mind  
Wherein is illuminated the entire tapestry of the myriad objects of knowledge.  
It is a tranquil ocean of unfathomable profundity  
Of immeasurable breadth, boundless like space itself.

### *Mantra of Manjushri*

OM AH RA PA CHA NA DHI

## *Prayer to Vajrapani*

*From a Vajrapani sadhana compiled and translated by Lama Thubten Yeshe*

To the magnificent one who dwells in Chang-lo-chen:  
You, the owner of all the tantras  
And destroyer of all demonic interferences and harm,  
Holder of the mighty vajra,  
Unstained by what is false and possessing awakened knowledge:  
To you, O Vajrapani, I pay this heartfelt homage.

### *Mantra of Vajrapani*

OM VAJRAPANI HUM PHAT

## *Request to the Supreme Compassionate One*

Praise to the beautiful four-armed lord of the world,  
Sublime embodiment emanating from the unity of all the victorious ones of the three times;  
Possessor of all knowledge and holder of the lotus,  
Your immaculate feet beautifully ornament my crown.

May the karmic pollution of myself and others be washed away  
By the cool tear of your compassion, great loving protector,  
Sole refuge of pitiful, transmigrating beings who have no guide.  
You generated bodhichitta first and then reached the extreme limit.

O merciful one, please behold with your compassionate eye  
The beings of the evil-gone, caught in realms difficult to escape,  
Experiencing the individual results of evil actions,  
As hell beings or pretas, amongst animals, asuras, and so on.

Behold with compassion the thoughtless ones who return empty-handed;  
Even their high rebirth was without meaning.  
Their human bodies were so rare and fragile, but their lives were consumed only in suffering.  
Amidst their endless actions the lord of death arrived.

Behold with compassion tough-skinned beings like me  
Who maintain a religious manner but do not achieve the great meaning,  
Being overwhelmed by attachment, hatred, and the eight worldly concerns,  
Without having subdued our minds by observing cause and result.

With compassion, please lead those without refuge on the path.  
For when their vision of this life fades,  
The vision of their self-created karma arises as the enemy in the bardo,  
And they are taken on a precipitous route by Yama's messenger.

Look upon us with compassion, O Lama Chenrezig,  
Mother attached by compassion to all sentient beings,  
Who is the special sole refuge of the Snow Land.  
May I and all others quickly attain your state of enlightenment.

### *Colophon:*

I, Pu.lha, who bear the name "incarnate lama," made the retreat of the supreme Compassionate One when I was fifteen years old. Because many bad appearances arose as objects of mind, with devotion I wrote this request. By this, may the prayers of all parent sentient beings be instantly fulfilled.

June 8, 1993

*Mantras of Chenrezig*

Short mantra:

OM MANI PÄDME HUM

ཨོཾ །མི་མཐོ་བདེ་རྒྱུ། །

Long mantra:

NAMO RATNA TRA YA YA / NAMA ARYA JÑANA SAGARA / VAIROCHANA BYU RAJAYA /  
TATHAGATAYA / NAMA SARVA TATHAGATE BHYA / ARHATE BHYA / SAMYAKSAM  
BUDDHE BHYA / NAMA ARYA AVALOKITESHVARAYA / BODHISATTVAYA / MAHA  
SATTVAYA / MAHA KARUNI KAYA / TADYATHA / OM DHARA DHARA / DHIRI DHIRI /  
DHURU DHURU / ITTE VATTE / CHALE CHALE / PRACHALE PRACHALE / KUSUME  
KUSUME VARE / ILI MILI / CHITI JALA APANAYE SVAHA

ཨོཾ །ར་མོ་ར་རྒྱ་རྒྱ་ཡ། །ར་མེལ་ལུ་རྫོག་ས་ག་ར། །བེ་འོ་ཅ་ར་རྒྱ་ཏ་ར་རྒྱ་ཡ། །ཏ་སྤ་ག་  
རྒྱ་ཡ། །ར་མེལ་ས་ཏ་སྤ་ག་ཏེ་བྱུང་ལུ་ཏེ་བྱུང་སྤྱུག་སི་བྱུ་བྱུང་བ་ར་མེལ་ལུ་ལེ་མ་ལོ་གི་ཏེ་  
ཤ་ར་ཡ། །བོ་རྗེ་ས་རྒྱ་ཡ། །མ་རྒྱ་ས་རྒྱ་ཡ། །མ་རྒྱ་ག་ཅུ་ཅི་གྲ་ཡ། །ཏུ་སྤ། །མི་རྒྱ་ར་རྒྱ་ར། །རྗེ་  
རི་རྗེ་རི། །རྒྱ་རྒྱ་རྒྱ། །ཨི་ལྷེ་མ་ལྷེ། །ཅ་ལེ་ཅ་ལེ། །བྲ་ཅ་ལེ་བྲ་ཅ་ལེ། །ཀུ་ལྷེ་མེ་ཀུ་ལྷེ་མེ་མ་  
རེ། །ཨི་ལི་མི་ལི། །ཅི་ཏེ་རྒྱ་ལ་ཨ་བ་ར་ཡེ་སྤྱུ། །