

Dedication prayers, by Jason Espada, with Traditional prayers

By this merit,  
gathered together with all the virtue,  
of all the ten-directions and the three times  
Buddhas and Bodhisattvas,  
Saints and Sages,  
Realized Beings,  
Lamas, Monks and Nuns,  
Yogis and Yoginis,  
Contemplatives of all Traditions, and excellent practitioners,

all these limitless skies of merit,

gathered together with all the virtue and pure good wishes  
of family, friends,  
and noble, kind hearted people everywhere,

by the merit and positive energy of all the good that exists,

by all the virtue of the Ultimate Nature,

By all this merit,  
May the benefit of beings everywhere effortlessly arise:  
May all beings benefit.  
May all beings have happiness and causes of health and happiness.

May this bring healing wherever it is needed.  
May this bring about the firm establishment of true health and happiness for  
us all.

By the virtue of this practice, by all this merit, may we all be completely free  
from all illness, spirit harm,  
and from all of the afflictive emotions forever  
May we all be completely free from all samsaric states forever  
May all beings completely realize the Dharmakaya

May this be the medicine that frees everyone from suffering  
(a prayer by the Noble Spiritual Friend Lama Zopa Rinpoche)

By this merit, may all those who are unhappy in any way, (confused, angry, anxious, afraid, attached, sad or depressed, with distorted views), instantly be completely freed from those states. May they be comforted, and may they have perfect peace, wisdom, strength and lasting joy

By this merit, may all those who are suffering from pain or illness immediately be totally freed from that pain, may they immediately be completely healed, and may they be firmly established in true and lasting health and happiness well being and strength, comfort and ease

By all this merit,  
may all those who want to go on retreat  
have the opportunity to do so without delay;

may they all have the resources they need,  
may they find all suitable conditions,  
and may their retreat go exceedingly well  
may they have all excellent realizations

By all this merit,  
May health increase everywhere  
May ethics, and meditation and wisdom increase  
May loving kindness and compassion increase, and  
May peace and harmony increase everywhere

By all this merit,  
may all those who work to heal  
have their healing qualities increase limitlessly

By all this merit,  
may all monasteries, monks, nuns, and lay practitioners,  
Dharma Centers, and social service centers  
have everything they need to serve beings most effectively

May monastics and laity the everywhere all keep completely pure ethics,  
develop the supreme good heart, and wisdom,  
and may all their good works effectively flourish forever

By all this merit,  
may all beings have all they need in their lives  
May those who need a job find a job  
May those who need a place to live find a place to live  
May those who need food and drink find good food and drink  
May those who need a friend find a friend

By all this virtue,  
May we all have everything we need to be truly happy

By al this merit,  
May everything we see, hear, think about and dream be auspicious

By all this merit, may all the pure positive wishes we have for each other  
be completely fulfilled,  
instantly, and effortlessly,  
just as in a Pure Land

(the following two prayers I have heard and admired from Lama Zopa Rinpoche)

May those I hear about that are sick immediately be healed

May all those who have come to my attention  
who have any illness,  
or who are unhappy, or in need in any way  
be blessed  
May they be healed  
May they all benefit  
May they all have happiness  
and the all the completely actualized causes of health and happiness

and

May those I have heard about who have passed away be reborn in a Pure Land, without taking birth any place else

May their families be comforted  
May they all know blessed peace

By all this merit,  
May those I hear about who are experiencing difficulties  
be free from those difficulties,  
and may all fortunate circumstances come to them right away

May the supreme jewel, bodhicitta  
arise where it has not yet arisen  
Where it has arisen, may it not diminish  
May it ever grow and flourish

By the merit of this practice,  
gathered together with all the virtue,  
of all the ten-directions and the three times  
Buddhas and Bodhisattvas,  
Saints and Sages,  
Realized Beings,  
Lamas, Monks and Nuns,  
Yogis and Yoginis,  
Contemplatives of all Traditions, and excellent practitioners,

by all these limitless skies of merit,

gathered together with all the virtue and pure good wishes  
of family, friends,  
and noble, kind hearted people everywhere,

by the virtue and positive energy of all the good that exists,  
by all the merit of the Ultimate Nature

May warfare cease,  
 may all injury be healed,  
 and all danger pacified

May we all produce the conditions  
 for countless generations, starting now,  
 to experience genuine peace

May our intentions equally penetrate  
 every being and place  
 with the true merit of Buddha's Way.

without grasping or clinging to anything at all,  
 may it be this way

By all this merit,  
 may all those to whom I am connected  
 by good or bad karma,  
 have every happiness  
 May they be free of all suffering  
 and receive every joy, and all good fortune,  
 May they all have good health, wisdom,  
 long life,  
 well being, and strength,  
 comfort and ease

May all the prayers of the Buddhas and Bodhisattvas  
 be completely realized now  
 and may all of my prayers succeed immediately

By this virtue,  
 May those who are in need in any way whatsoever  
 receive every benefit  
 May all have happiness  
 and all the actualized complete causes of health and happiness

{at this point, a review of the names and circumstances of those particular  
 individuals that you wish to pray for can be inserted here }

{Two ways of doing this practice would be: to read through the names, and then continue with this prayer, or, after reading the names, to begin this prayer again and continue straight through to its end. }

By all this virtue,  
 May those who are in need in any way whatsoever  
 receive every benefit  
 May all have happiness

and all the fully actualized complete causes of health and happiness

By this merit,  
 In my mind, may I not withhold any gift whatsoever  
 from any being in any place,  
 wishing them all a great abundance of joys!

By all the limitless good that exists,  
 may all the needs of all living beings everywhere be completely fulfilled

By all this merit, for every one of us,  
 when this life is over, may we each be born immediately in a Pure Land,  
 and in all our lives  
 May we never be separate from qualified teachers,  
 and from conducive environments, with all the supportive conditions for  
 continuing our practice of the Dharma

By all this virtue  
 May I attain the complete realization of all practice  
 and bring all others to that same state

May we all individually attain the complete realization of our practice,  
 genuine happiness, health and peace, and all good things,  
 wisdom, compassion, and ability

By all this merit,  
 May all holy teachers live long, and guide us until samsara ends.  
 And may there be peace and joy in all the world.